Podiatry School Preparation at the University of Oregon

Did you know?

- A Doctor of Podiatric Medicine (DPM) diagnoses and treats conditions of the foot, ankle, and related structures of the leg.
- Many podiatrists specialize in areas such as surgery, sports medicine, biomechanics, orthopedics, pediatrics, and geriatric care.
- Diabetic care is a rapidly growing specialization in podiatry.
- Often enrolled in medical school alongside MD students, DPM students are distinct because they chose their specialty prior to admission.
- Education typically takes 7 years to complete, including 4 years of medical school and 3 years of podiatric medicine and surgery residence. Tuition and expenses range from $28,000 to $33,000 per year.

Medical School Application Preparation

- Completing the prerequisite courses is just one aspect of the process. You must also have a well-rounded application consisting of experience (shadowing, volunteer work, undergraduate research, life experience, etc.), letters of recommendation, MCAT scores, and a strong admissions essay.
- Most podiatry schools require or strongly recommend students shadow a podiatrist before applying.
- There are nine colleges of podiatric medicine in the United States.
- Applying to podiatry school is a year-long process. Students applying in their final year at UO will have a gap year before starting podiatry school. Students can work, take courses, travel, etc. during the year.

Online Resources

- Health Professions Program Website: [http://healthprofessions.uoregon.edu](http://healthprofessions.uoregon.edu)
- American Podiatric Medical Association: [http://www.apma.org](http://www.apma.org)
- AACPM Application Service: [https://portal.aacpmas.org](https://portal.aacpmas.org)
- Exploring Health Careers: [http://explorehealthcareers.org](http://explorehealthcareers.org)

Campus Resources

- Student Organizations (Asklepiads, MAPS, & others)
- Academic departments
- Holden Center
- Undergraduate research
- Service Learning Program
- TLC study support
- Peer Health Education
- TLC MCAT preparation
- Global Education Oregon
- HPP workshops
- Career Center

Advising

For more information and individualized academic planning, call or visit the Teaching and Learning Center (541-346-3226, 68 PLC) to schedule an appointment with a health professions advisor.
**Sample 4-Year Plan**

The chart below illustrates one way podiatry school prerequisites can fit into a 4-year plan. Keep in mind that a good graduation plan is as unique as the student following it. Math placement, major, transfer credits, application timeline, and other factors will help shape your own decisions, and health professions advisors are here to help along the way!

<table>
<thead>
<tr>
<th>First Year</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Classes    | CH 221 & 227  
MATH 111 | CH 222 & 228  
MATH 112 | CH 223 & 229  
SOC 207 (>2, IP) \(\text{\textsuperscript{i}}\) |         |
| Experience |   |   |   |   |
| **Winter** |   |   |   |   |
| Classes    | CH 331 & 337  
BI 211 | CH 335 & 338  
BI 212 | CH 336  
ENG lit (>1) |         |
| Experience |   |   |   |   |
| **Spring** |   |   |   |   |
| Classes    | PHYS 201 & 204  
BI 214 | PHYS 202 & 205  
PSY 201 \(\text{\textsuperscript{i}}\) | PHYS 203 & 206  
MATH 243 \(\text{\textsuperscript{i}}\) |         |
| Experience |   |   |   |   |
| **Summer** |   |   |   |   |
| Classes    | CH 360  
PSY 202 (>2) \(\text{\textsuperscript{i}}\) | PSY 304 | BI 320  
SOC 204 (>2) \(\text{\textsuperscript{i}}\) |         |
| Experience |   |   |   |   |

\(\text{\textsuperscript{i}}\) Prerequisites vary by school. Research specific schools that interest you to be sure you meet any additional requirements.

\(\text{\textsuperscript{ii}}\) These courses are helpful for MCAT preparation, but may not be required by podiatry schools.