BI 199 Anatomy, Physiology & Weight Training
Thematic Poster Presentation Schedule
Spring 2016

Tuesday, May 17, 2016

Special Populations & Training
Ruben Lancaster, Resistance training during pregnancy
Haylee Dundas, Jumping rope for fitness
Tommy Supple, East German weight circuit
Austin Murray, Occlusion or vascular resistance training

Orthopedic Sports Medicine I
Jenna Chiabai, Iliopsoas syndrome: tendinitis
Ryan Eisendrath, Runners’ knee: Chondromalacia patella
Jennifer Vargas, Posterior cruciate ligament tear & reconstruction
Tyler Kim, Shin splints: Medial tibial stress syndrome (MTSS)

Thursday, May 19, 2016

Orthopedic Sports Medicine II
Janson Fritzley, The anterior cruciate ligament (ACL) & knee injuries
Eric Monasevitch, Rotator cuff injuries
Alex Tucker, Rotator cuff tendinitis
Jacob Whitwam, Swimmer’s shoulder: Impingement syndrome
Brianne Parsons, The broken collar bone: Clavicular fractures
Joey Springer, Tommy John surgery: Ulnar collateral ligament reconstruction
Drew Colbert, Throwers’ elbow: Medial epicondyritis

Tuesday, May 24, 2016

Applied Physiology/Special Topics
Matthew Biller, The vagus nerve & vagovagal syncope
Chelsea Robinson, Lower extremity sesamoid bones sports medicine

Nutrition & Supplementation
Evelyn Heeb, Glucosamine & chondroitin in cartilage regeneration
Matthew Fairman, Intermittent fasting
Mason Saia, Crash diets