

BI 199 Nutrition: Concepts & Controversies, Presentation Schedule for Fall 2015

Monday, November 23, 2015

Nutrition & Pathology

Matt Harvison, *Saturated fat & cardiovascular diseases*

Kaley Vatalaro, *How does a plant-based diet reduce cancer risk?*

Mikayla Watson, *Type II diabetes & nutrition*

Hannah Brody, *Dairy-free diet: pros & cons*

Katherine Savin, *Can a dairy-free diet improve weight loss?*

Dani Torrey, *Gluten-free: fad or fact?*

Samantha Haehlers, *Eating disorders in adolescents*

Sports Physiology & Fluid Replacement

Dominique Chapman, *Female athlete triad*

Ryan Sindal, *Best fluid replacement: water or sports drinks?*

Samantha Blatt, *Coconut water: myths vs reality*

Monday, November 30, 2015

Special Diets

Kiersten Schedin, *Juice cleansing: benefits & risks?*

Hannah Albers, *Juicing as an alternative to chemotherapy?*

Daysha Browne, *Weight watchers: just another fad?*

Carly Grossman, *Paleo diet*

Maria Johnson, *Vegan diet: best for health & the environment?*

Caleb Snyder, *High-protein diets for body building*

Emily Soury, *Gluten-free diets: harmful or helpful?*

Special Topics

Claire Wildgen, *Word hunger*

Megan Hendrix, *Allergies & foods in adults*