

BI 199 Nutrition: Concepts & Controversies, Presentation Schedule for Fall 2014

Monday, November 24, 2014

Nutrition, Health & Disease

Seth Kinel, *The truth about genetically-modified organisms (GMOs)*

Joshua Pham, *Genetically-modified foods*

Brooke Whitney, *Prenatal alcohol exposure*

Isaac Crowe, *Vitamin C & the common cold I*

Abby Taylor, *Vitamin C & the common cold II*

Pete Merickel, *Ascorbic acid effects on cancer*

Ashley Campbell, *Foods for healthy hair & nails?*

Hunter Neuharth, *Health benefits of garlic*

Monday, December 1, 2014

Diets & Special Populations

Maggie Scott, *Vegetarianism for female athletes*

Phillene Newman, *Vegan lifestyle: the way to go?*

Sienna Allen, *Paleo diet & impact on western disease*

Haley Younger, *Living the Paleo diet*

Mykaela Brock, *Atkins diet*

Catie Parker, *Gluten-free diet*

Mariah Victor, *Sensa additive for weight loss*

Max Worthington, *Acai berries & weight loss*

Wednesday, December 3, 2014

Supplements & Sports Physiology

Kevin Duguay, *Vitamin D & sports performance*

Parker Belan, *Creatine monohydrate & muscle growth*

James Huberty, *Monohydrate creatine vs. Kre-Alkalyn creatine*

Kiana York, *Amino acid supplementation, muscle growth & performance*

Special Topics

Camille Oliviera, *Organic meats more nutritious than conventional?*

Ashley Hatch, *Detoxification & liver cleanses*

Emily Steele, *TBA*