

## Lecture 11: Active Learning Questions

1. What tissues does *growth hormone* target? Why might an (endogenous or exogenous) *excess of growth hormone* be problematic?
2. What *two hormones* does the *thyroid* produce? How do these hormones *differ*? What are their *specific actions*?
3. What is *epinephrine* (adrenalin/adrenaline)? *Where* is it made? What promotes the *release of epinephrine*? What is *cortisol*? *Where* is it made? What promotes the *release of cortisol*?
4. What *organs* make up the *Central Nervous System*? What is the *Somatic Nervous System* and what are its *target organs*? What are the branches of the *Autonomic Nervous System*? What are its *target organs*?
5. What is *myelin* and *why is it important*?