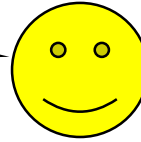


Personal data I can  
use for a lifetime!!



Heck yeah!

## BI 121 Lecture 11

- I. **Announcements** Blood Chem Lab today! Fun day!!  
Personal data!!! If you haven't already done so, please review Lab 5 in LM & in e-mail. Thanks sincerely!  
Lab Manual & Exam I Remaining Returns. Q from last t?
- II. **Safety & Techniques Review for Blood Chem Lab** Q?
- III. **Endocrine Connections** LS ch 17, DC Module 13, SI Fox +...
  - A. Endocrine/hormone classes ~ LS pp 495 – 6
  - B. Hypothalamus (Master) – Pituitary (subcontroller)  
DC pp 104-6 + LS pp 499-506
  - C. Posterior pituitary+hormones DC p 108, LS fig 17-4 p 502
  - D. Anterior pituitary hormones DC pp 105-7, LS pp 502-6
  - E. Endocrine feedback + reflexes LS p 540 fig 17-7
  - F. GH: Body builder's dream? Fountain of youth?  
LS pp 506-10, fig 17-10, 17-11
  - G. Peripheral endocrine organs DC pp 109-13, LS pp 513-36
    1. Pancreas 2. Thyroid 3. Adrenals

***No food, drink or gum in lab today! Thanks sincerely!***



**...Healthy, tasty & fresh, but not in lab!!**



# PREPARATION



1

WASH & DRY



2

ALCOHOL



3

# SAMPLE+TESTS



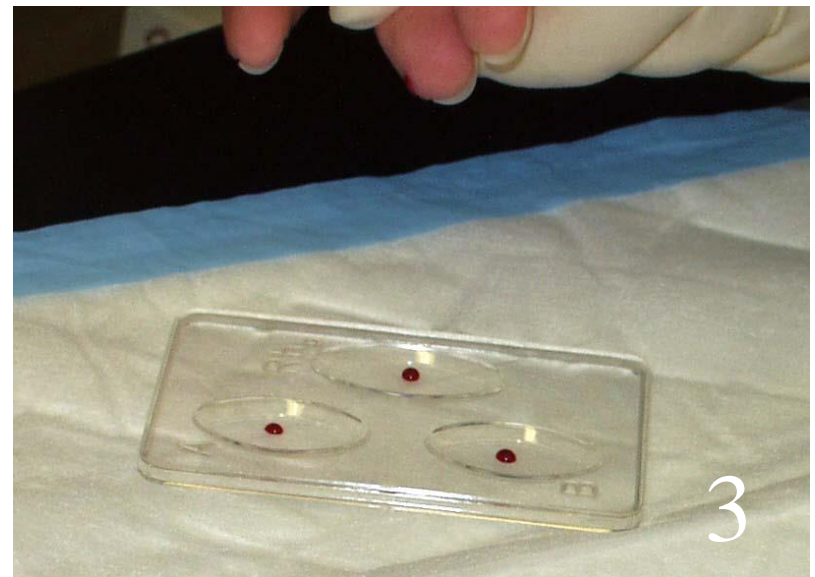
1

OBTAIN  $\mu$ SAMPLE



2

BLOOD GLUCOSE



3

BLOOD TYPING

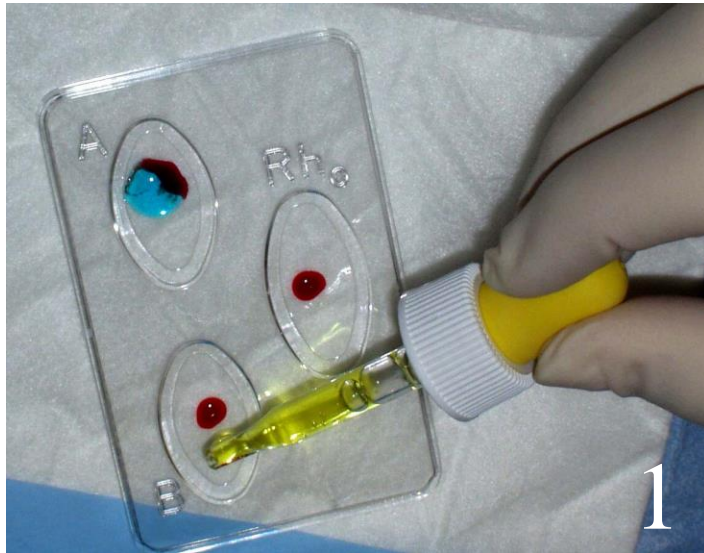
Glucose:  
Sugar in blood



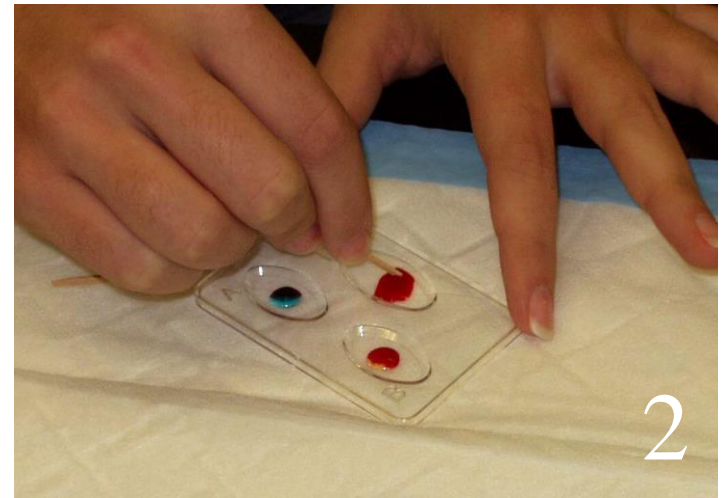
Record in  
Notebook  
w/dominant  
hand!

Normal: 70-99  
Pre-Diabetes: 100-125  
Diabetes:  $\geq 126$  mg/dL

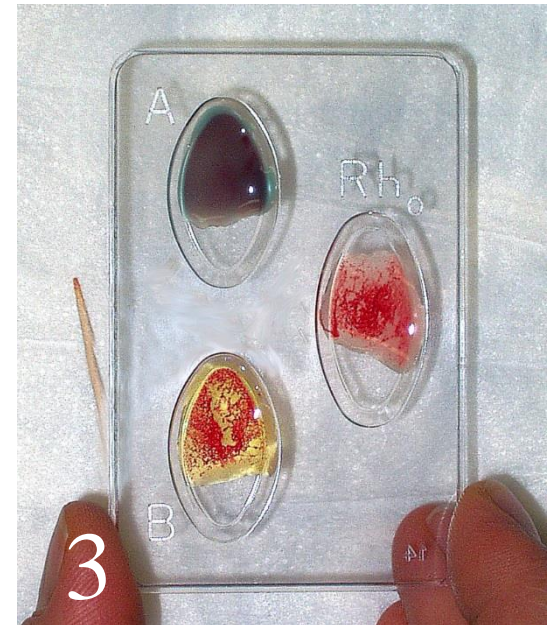
# BLOOD TYPING



ADD ANTISERA



MIX W/TOOTHPICKS



READ & RECORD!!

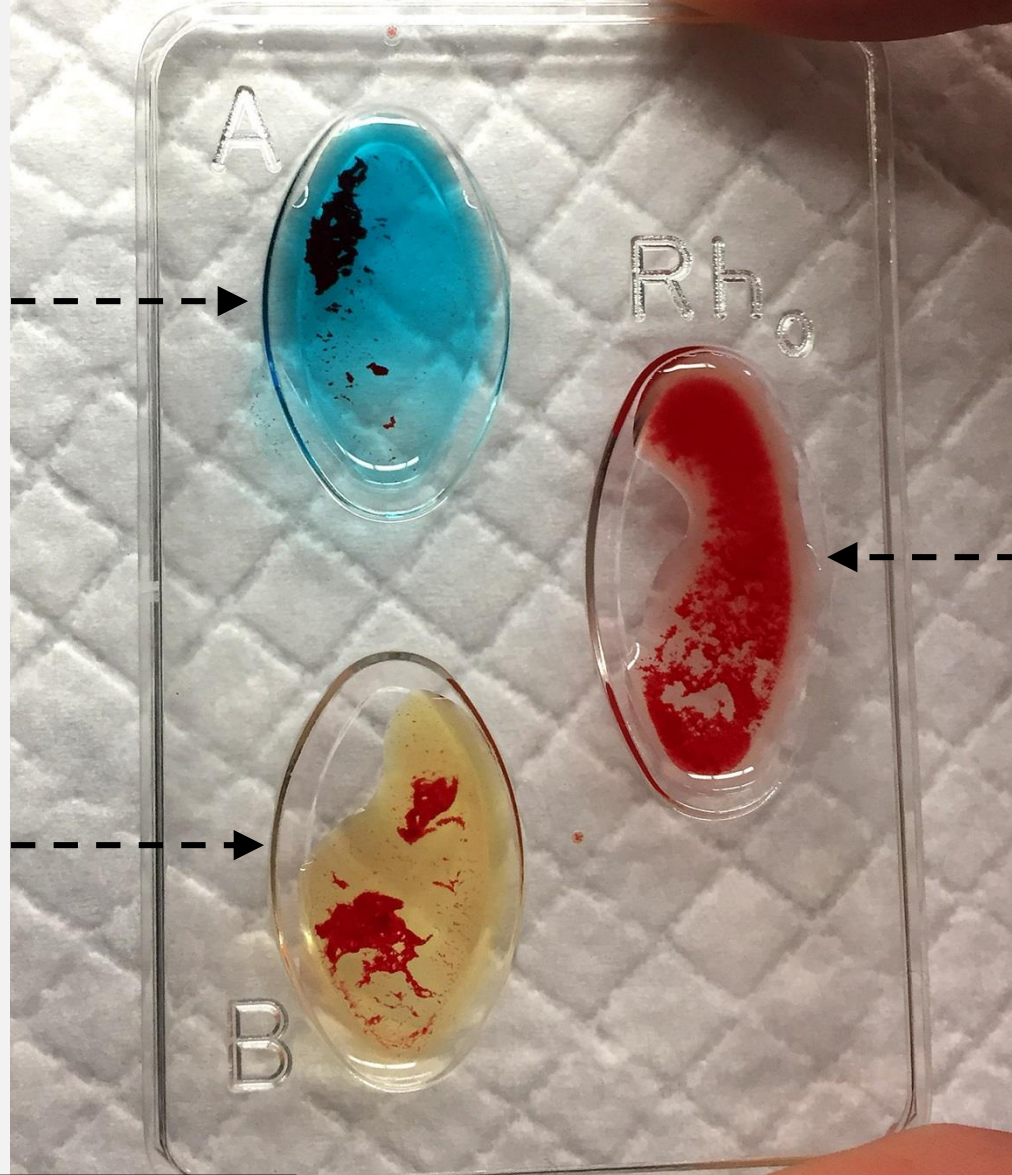
1<sup>o</sup> Q? Clumping in Any Wells?

Type AB+

Here? →

Here? →

← Here?



Source: S Wong, BI 121 Lab, 2016

# CLEAN-UP!



FOLD DIAPER



BLOOD PRODUCTS



REWASH!!

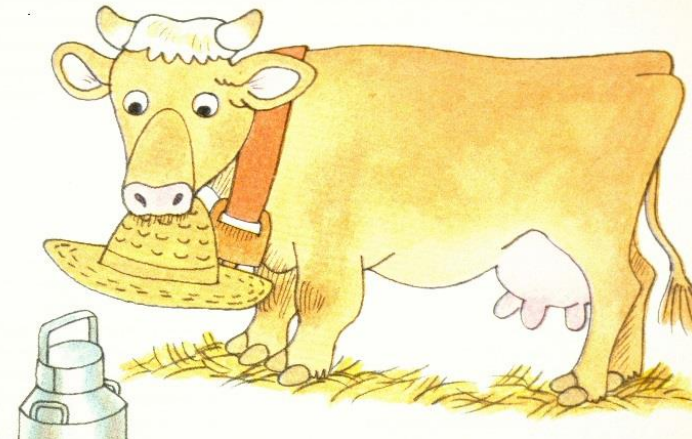


# *Blood Chem Lab Q?*

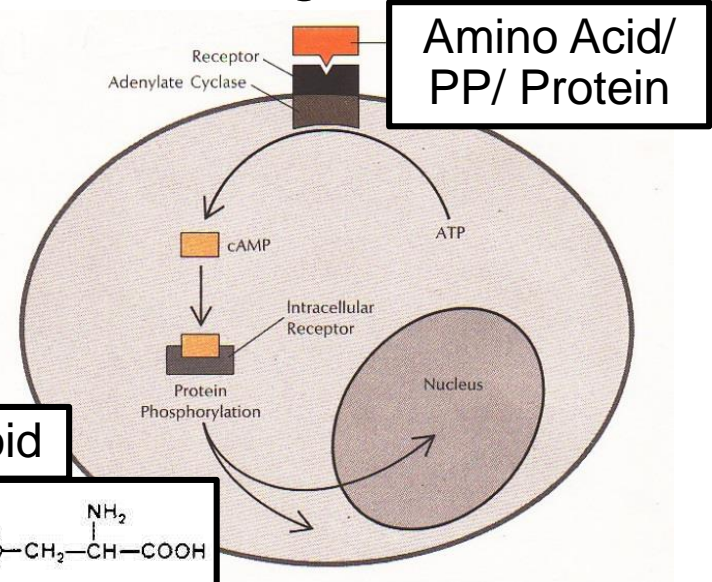


# Hormone/Endocrine Classifications?

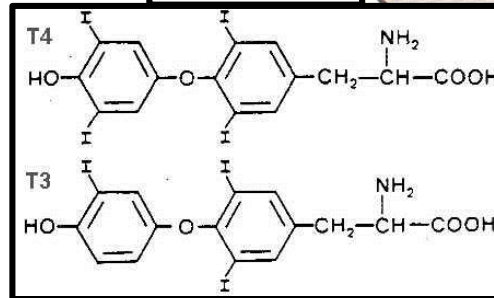
## Exogenous



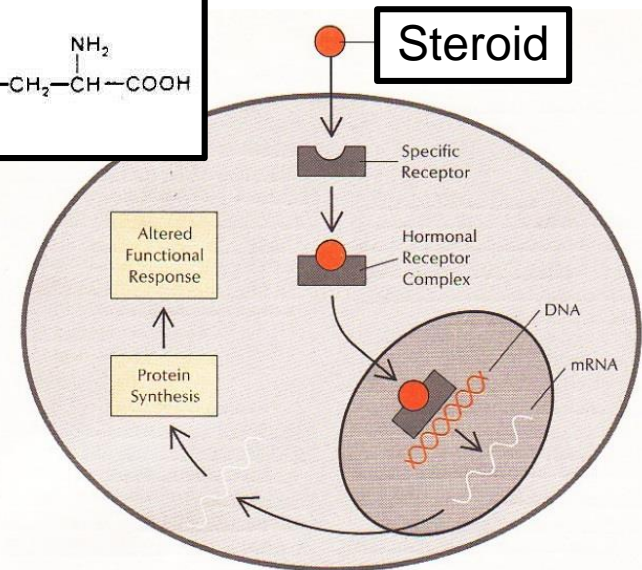
## Endogenous



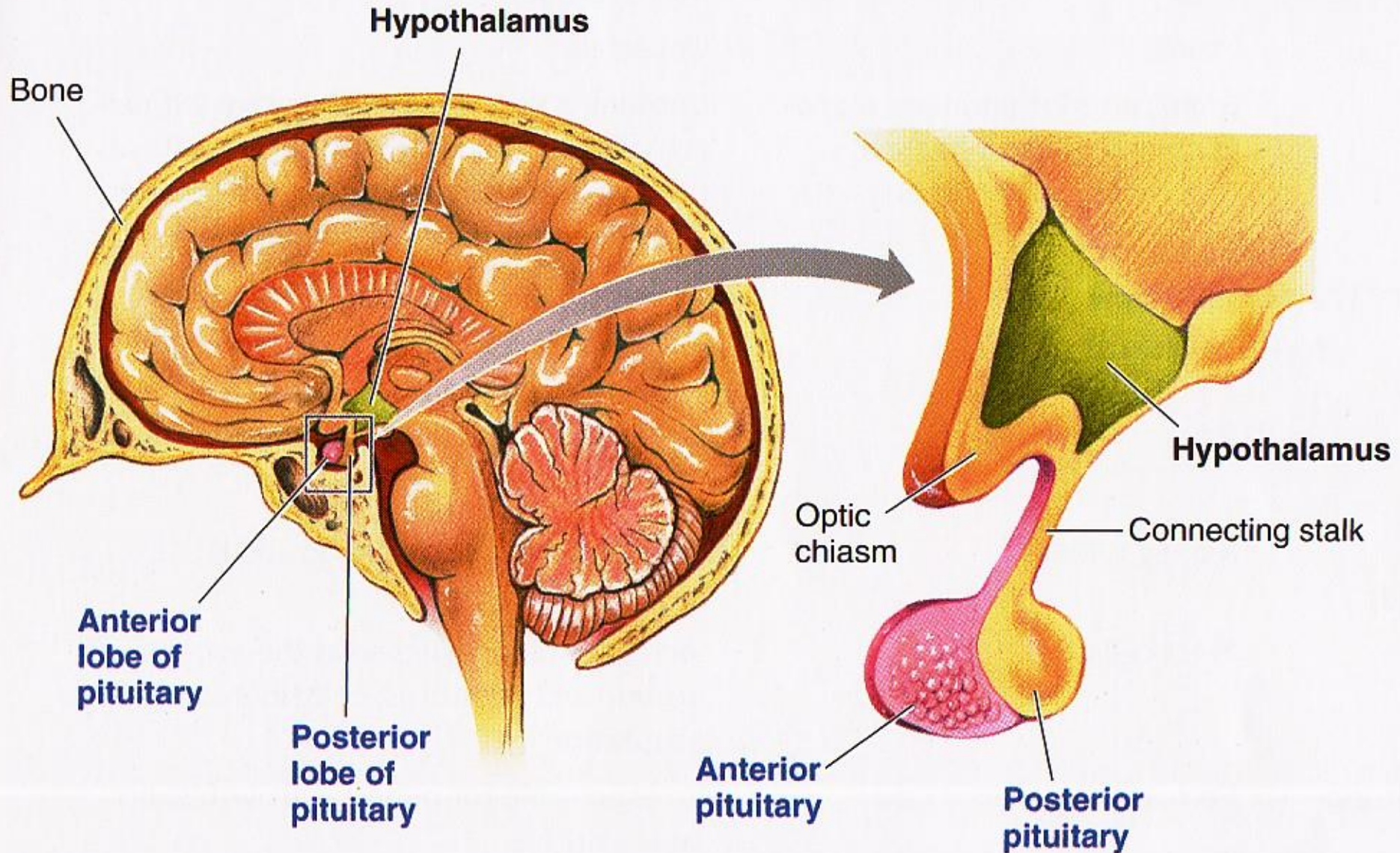
### Thyroid



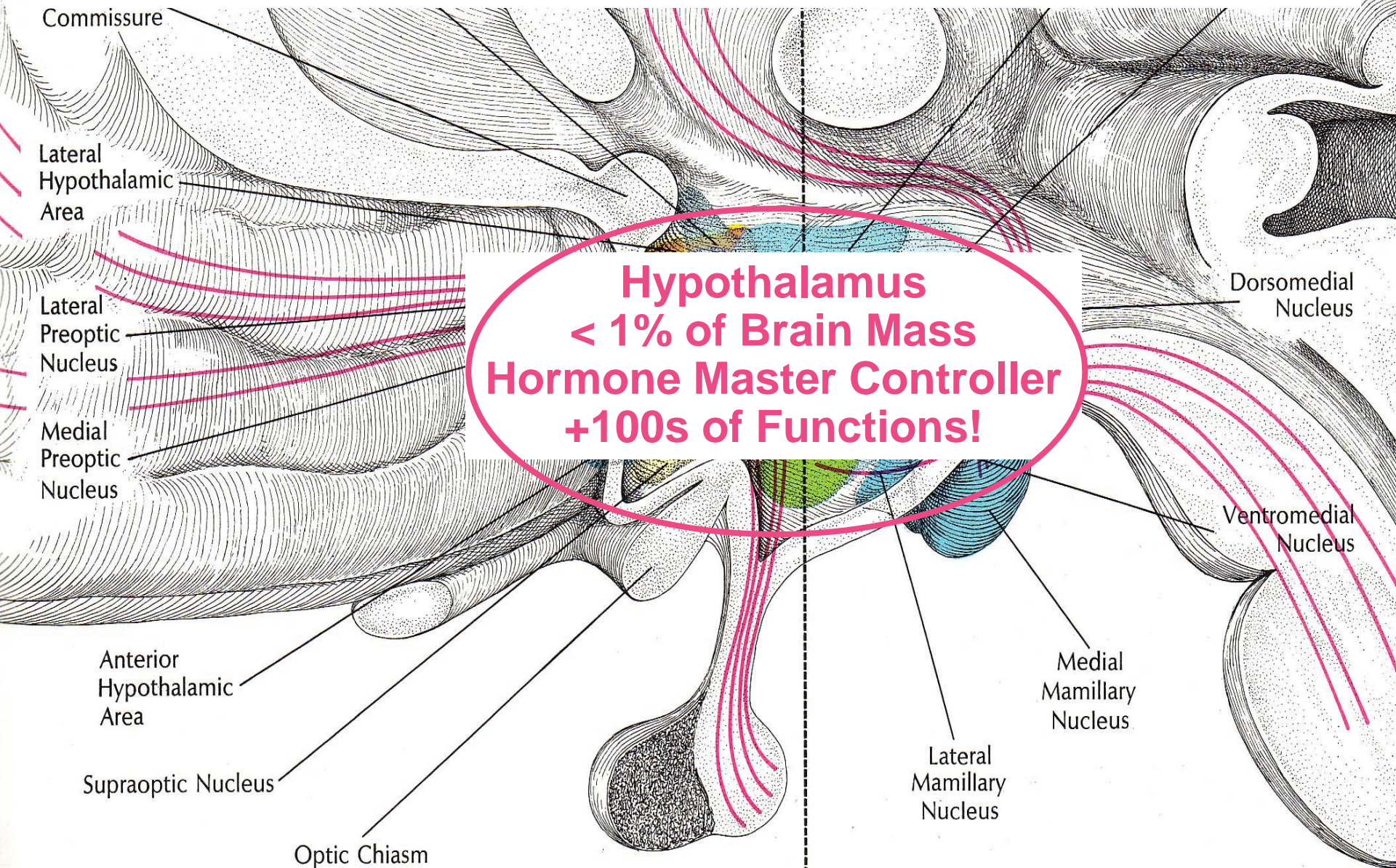
### Steroid

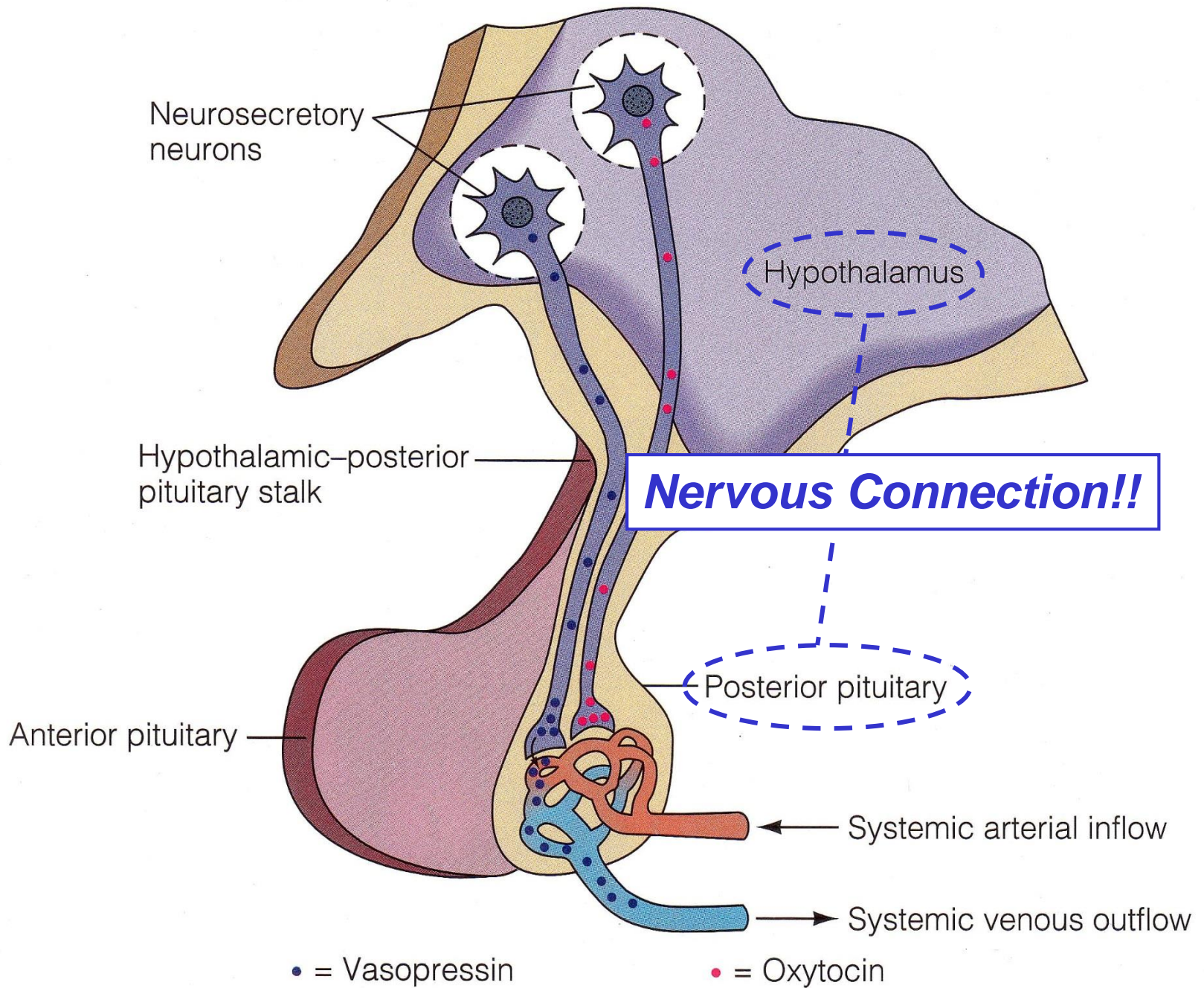


# Hypothalamus & Pituitary: Intimate Relationship

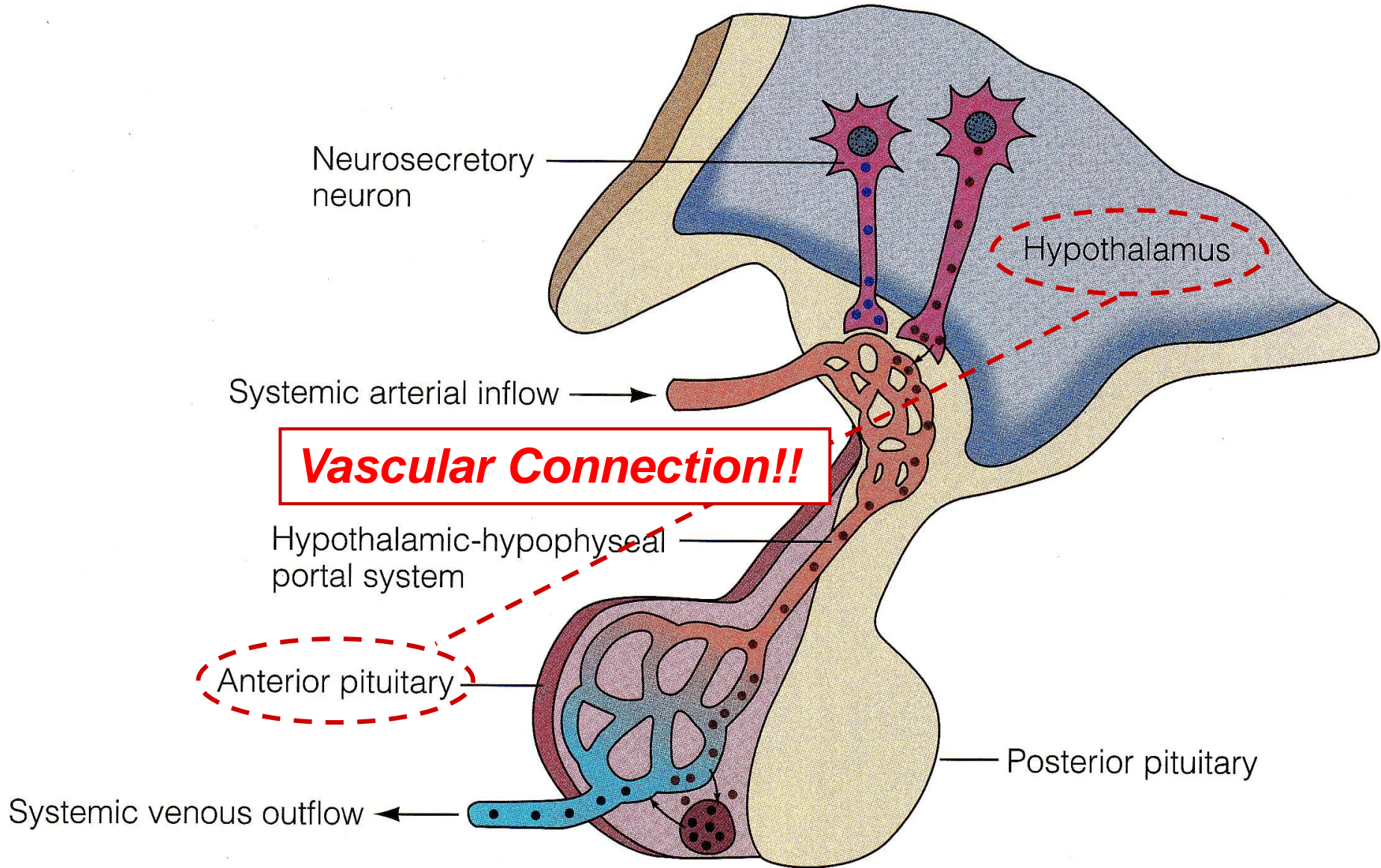


# Good Things Come in Small Packages!



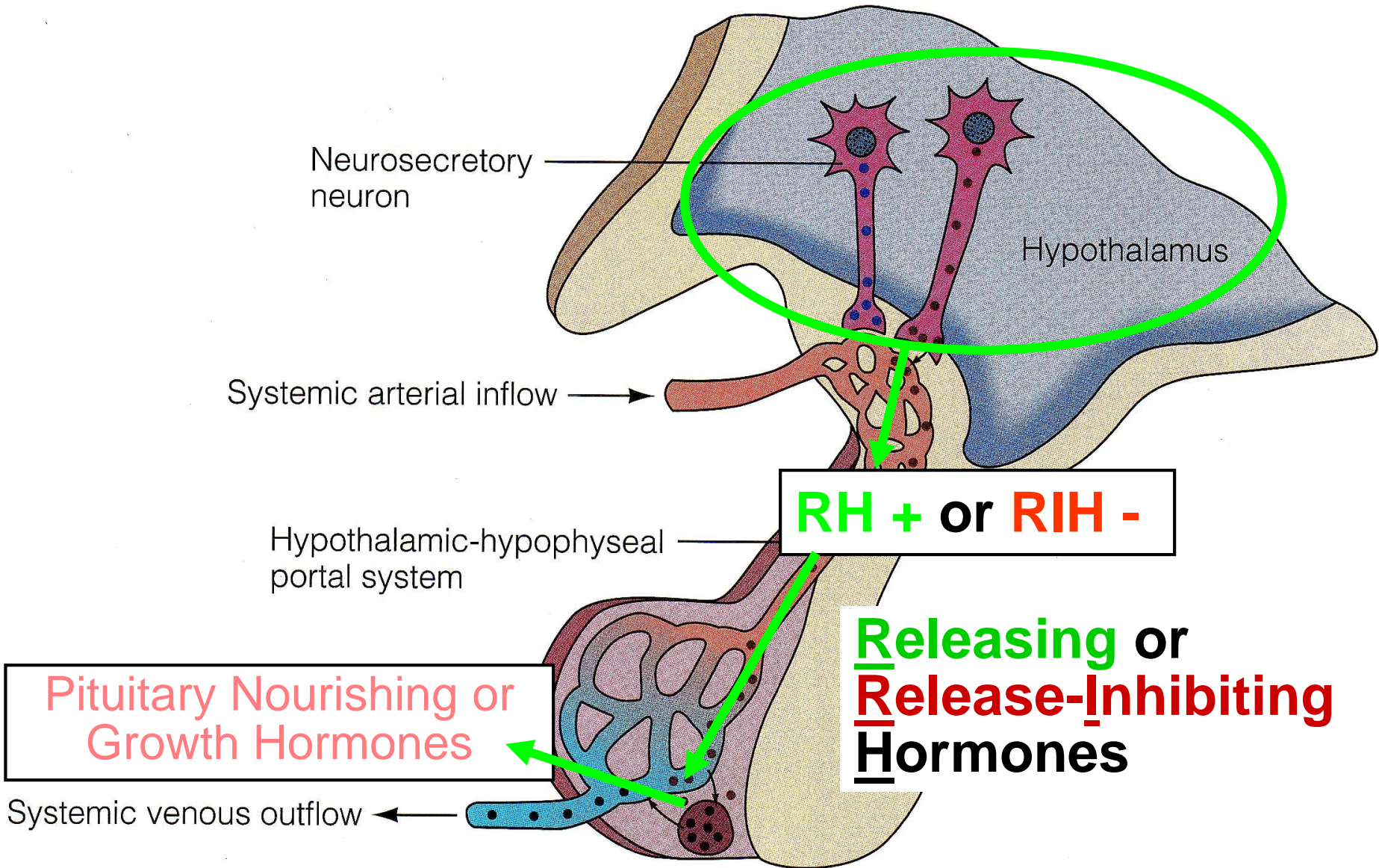


# Hypothalamus-Anterior Pituitary Vascular Connection!



• • = Hypophysiotropic hormones

• = Anterior pituitary hormone

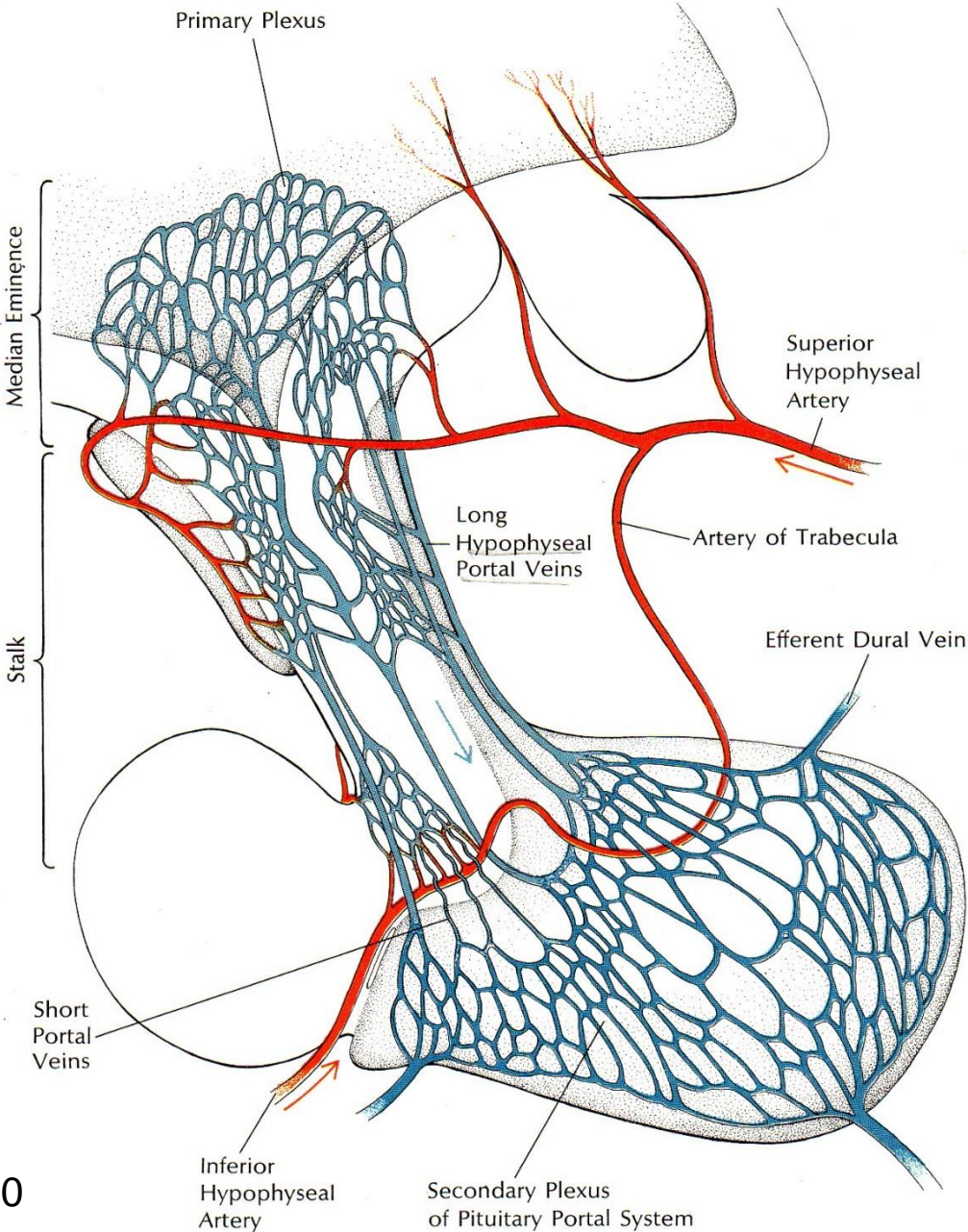


• • = Hypophysiotropic hormones

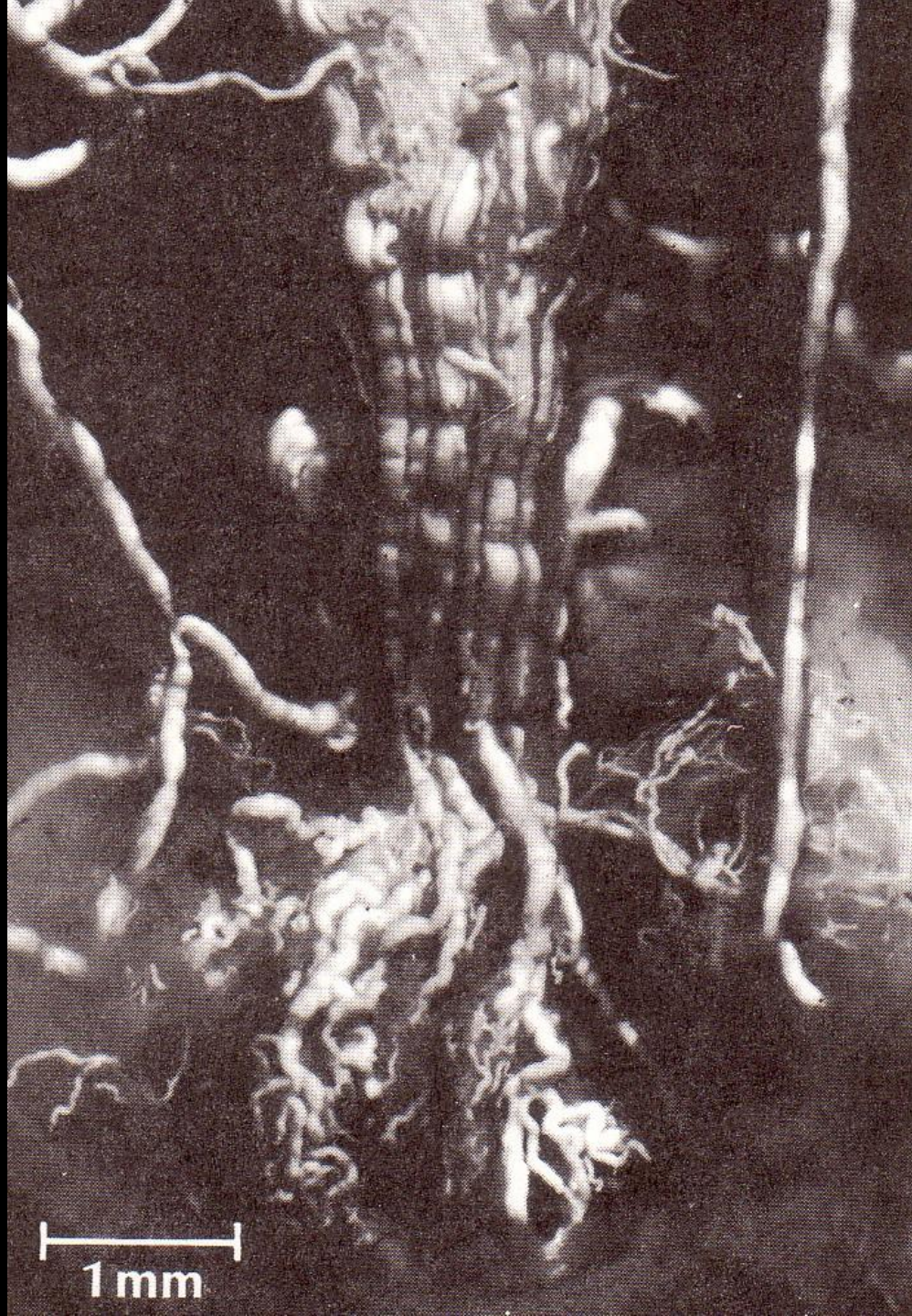
• = Anterior pituitary hormone

**Hypophysis ≡ Pituitary**

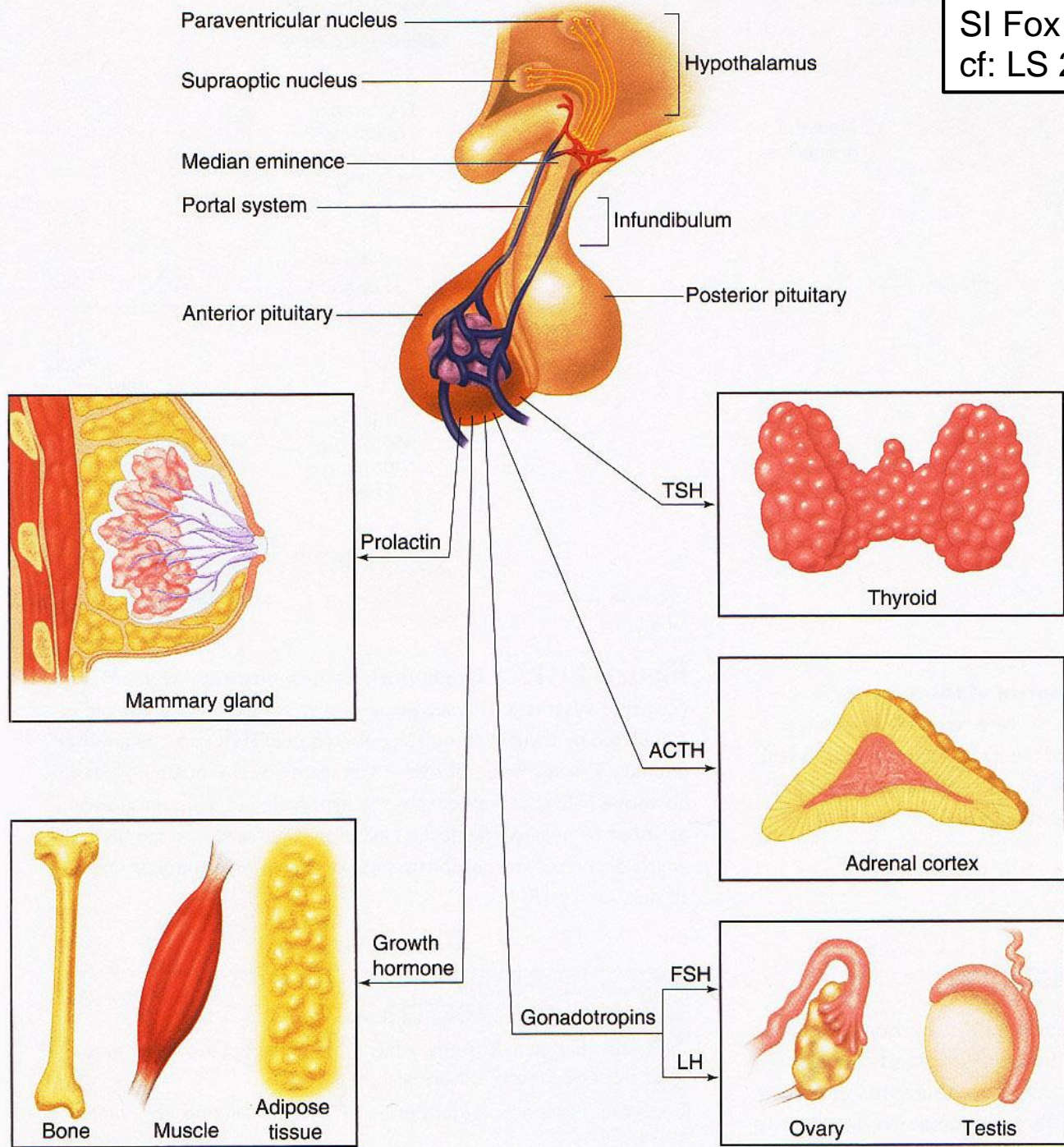
# Capillary-Venule-Capillary Intimate Circulation

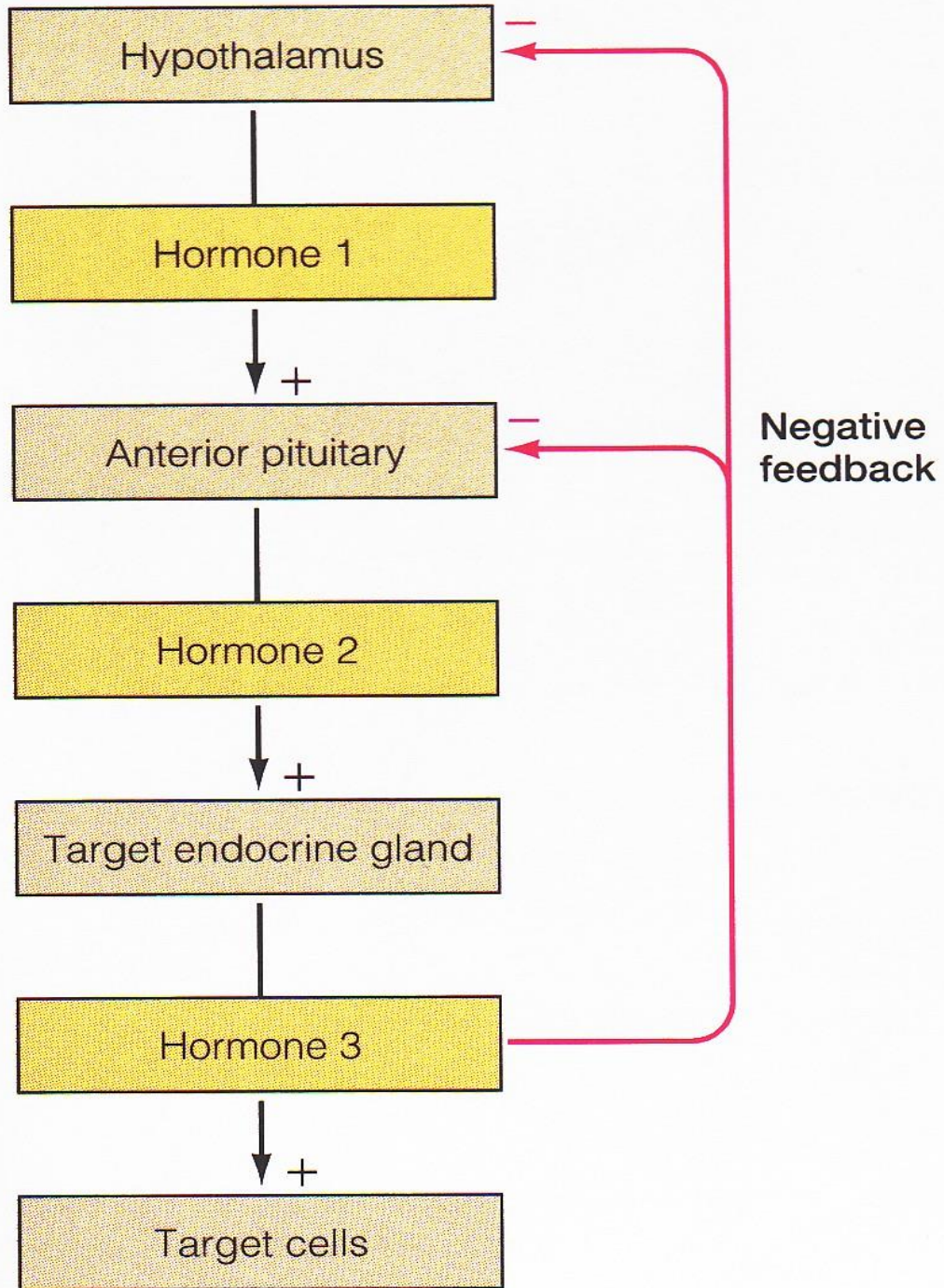






Krieger & Hughes 1980







LS 2006, cf: LS 2012  
fig 17-10

# *Progression & Development of Acromegaly*

Age 13

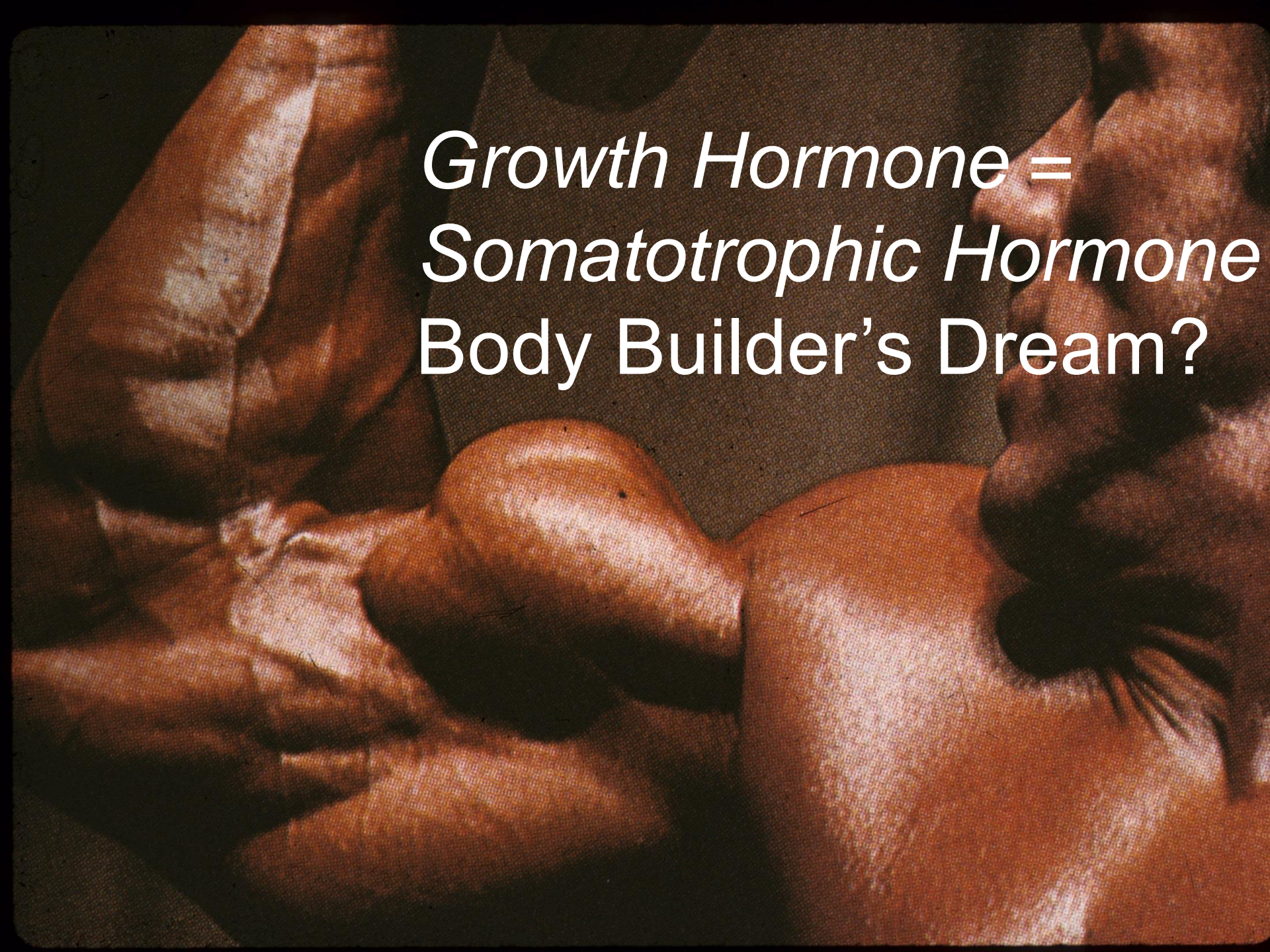


Age 21



Age 35





*Growth Hormone =  
Somatotrophic Hormone  
Body Builder's Dream?*

# ***GH/STH Effects: Insulin Resistance/Type II Diabetes?***

↑ Amino Acid uptake & Protein synthesis

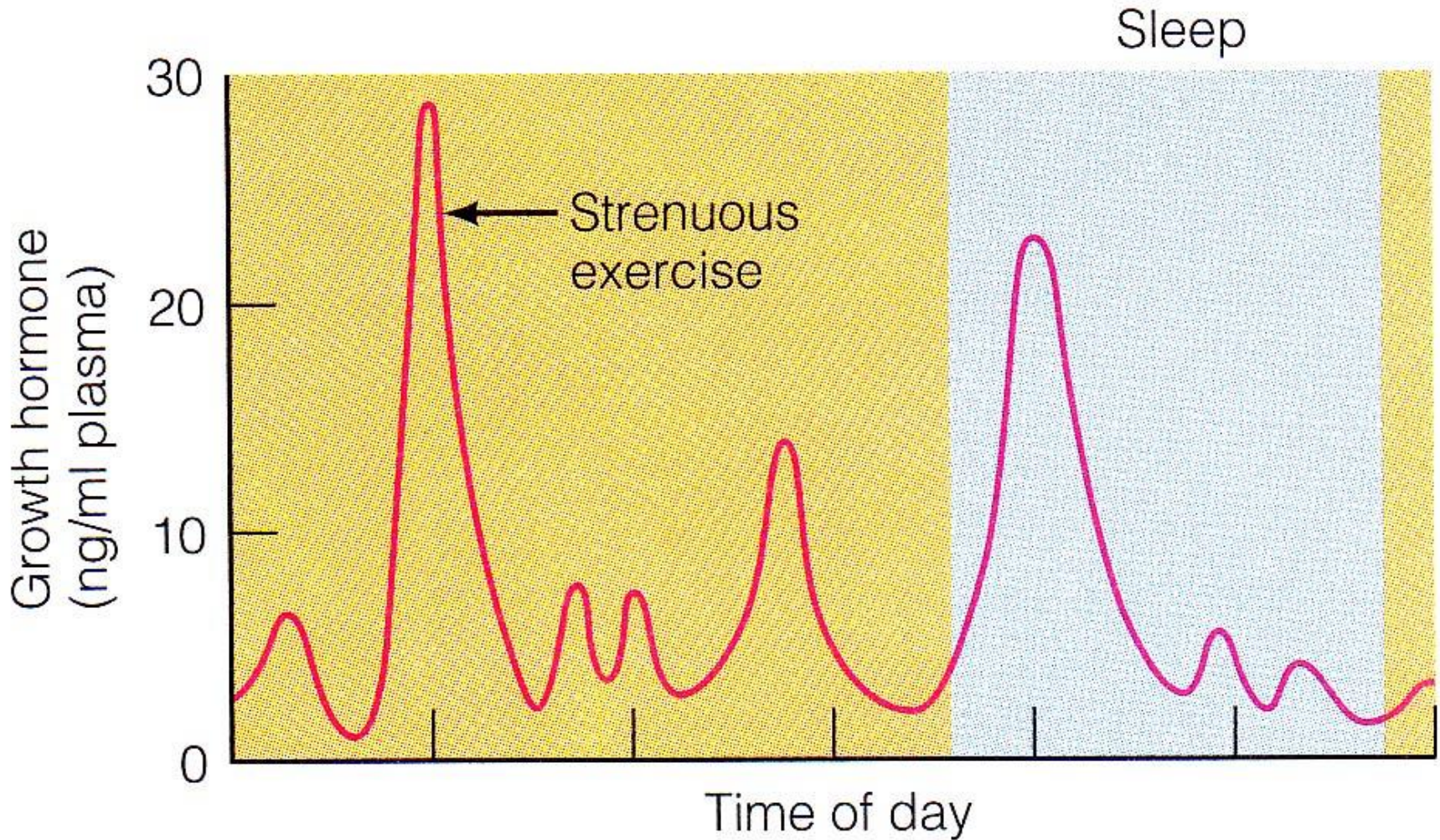
↑ Lipolysis & Fatty Acid mobilization

↓ Glucose uptake  
(skeletal muscle & adipocytes)

↑ Glucose production  
(liver glycogenolysis)

↑ Insulin secretion

# *Increase GH naturally with exercise & sleep!!*

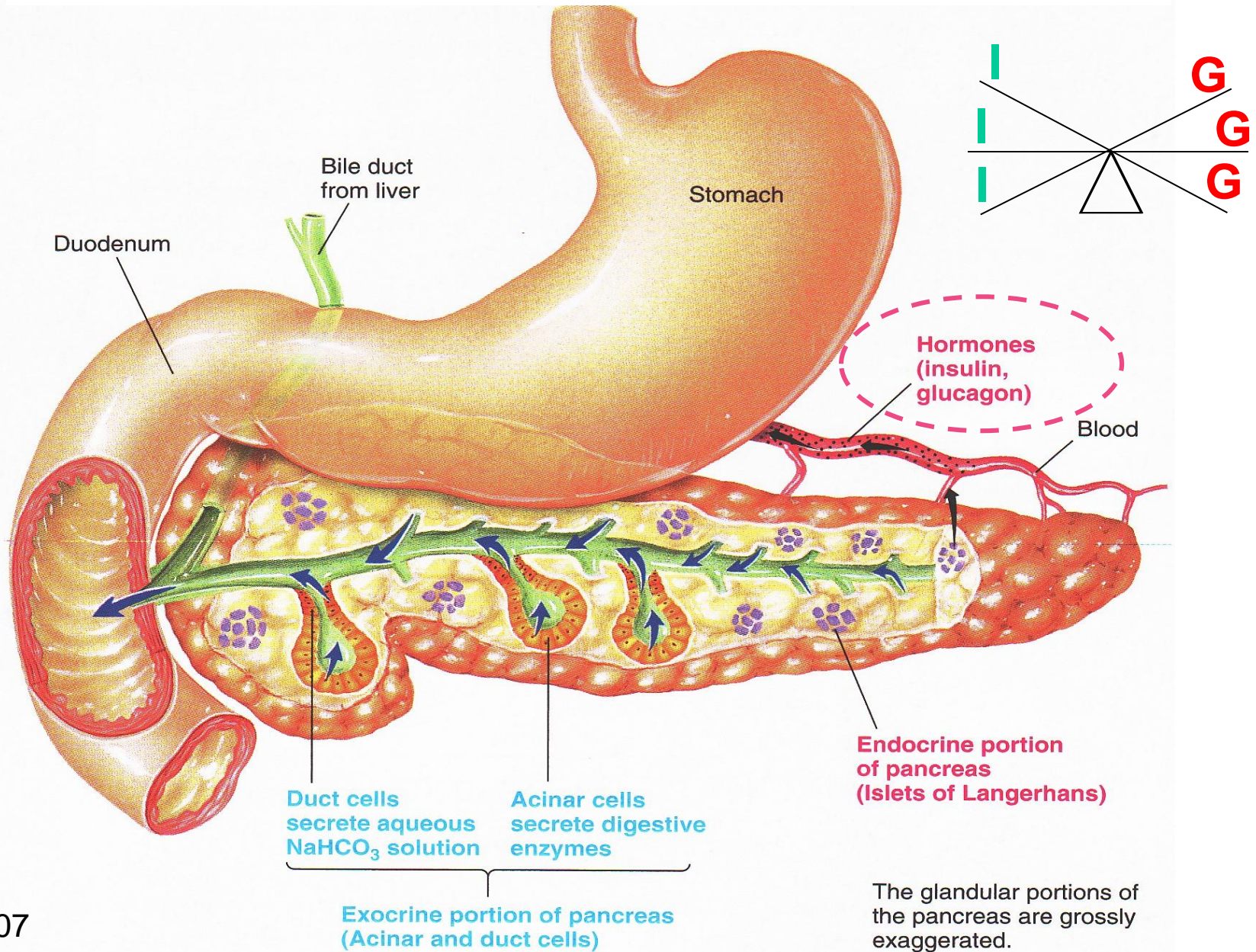


ng/ml = nanograms per milliliter

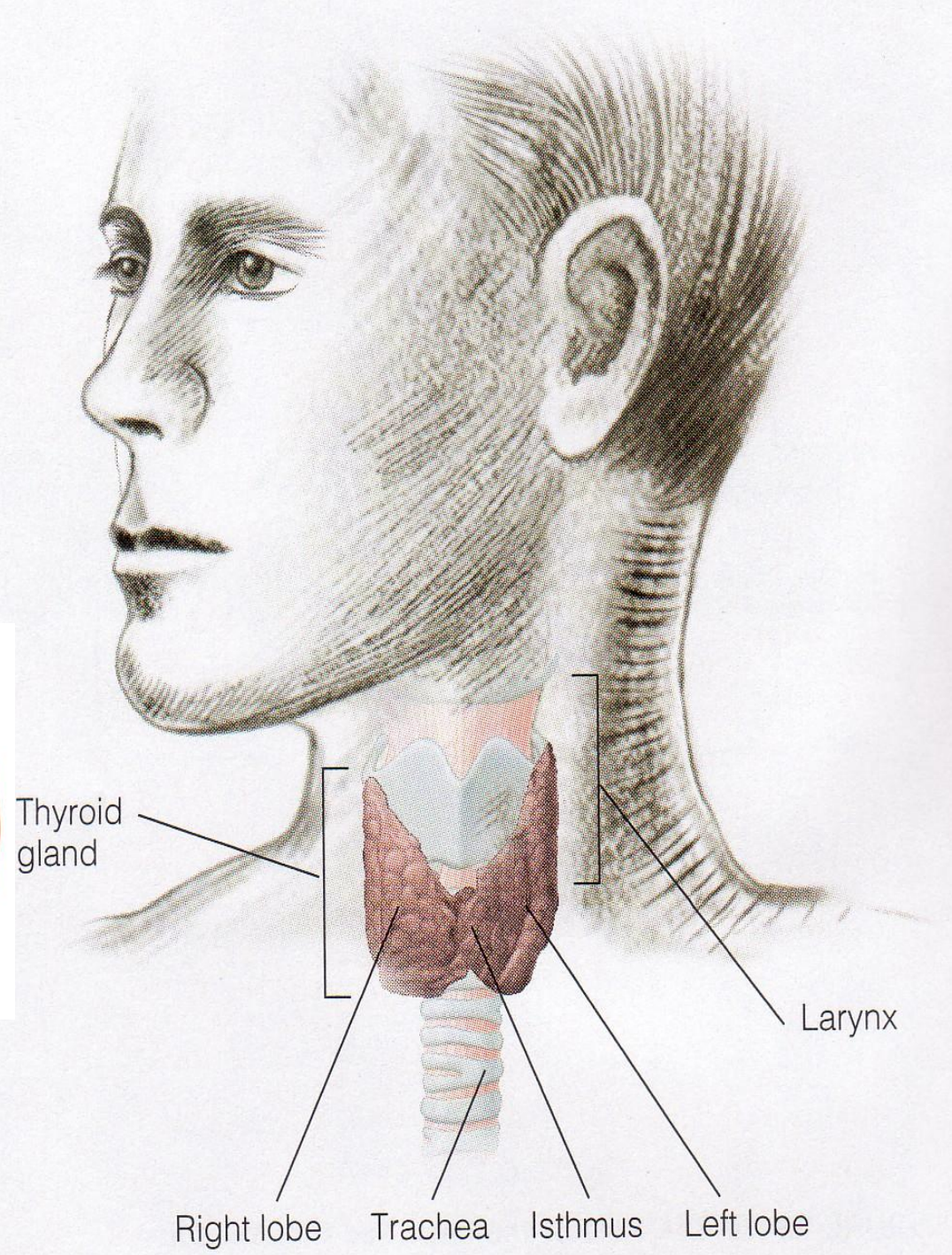


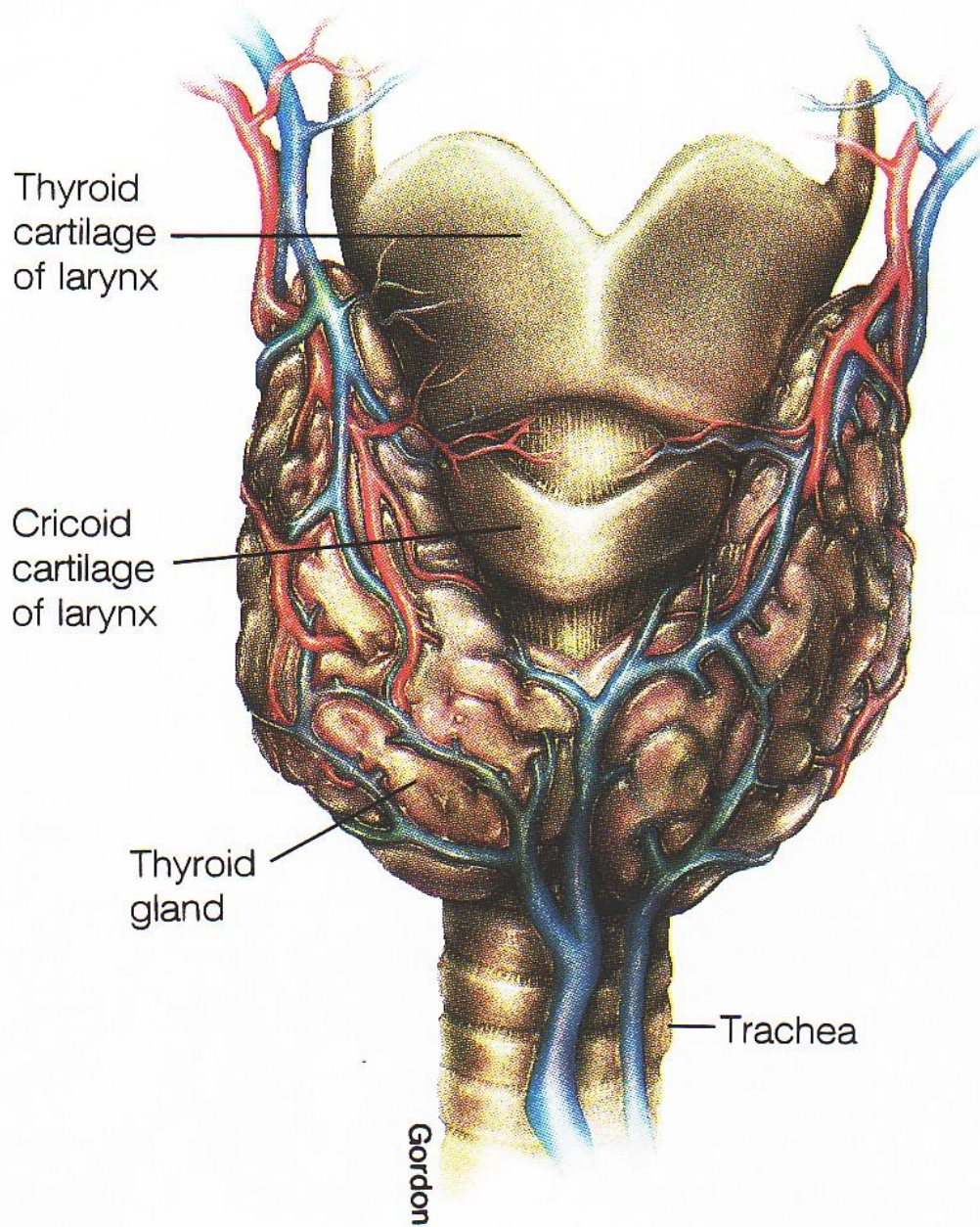
# Endocrine Pancreas: Insulin (I) & Glucagon (G)

## See-Saw Hormones in Regulating Blood Glucose



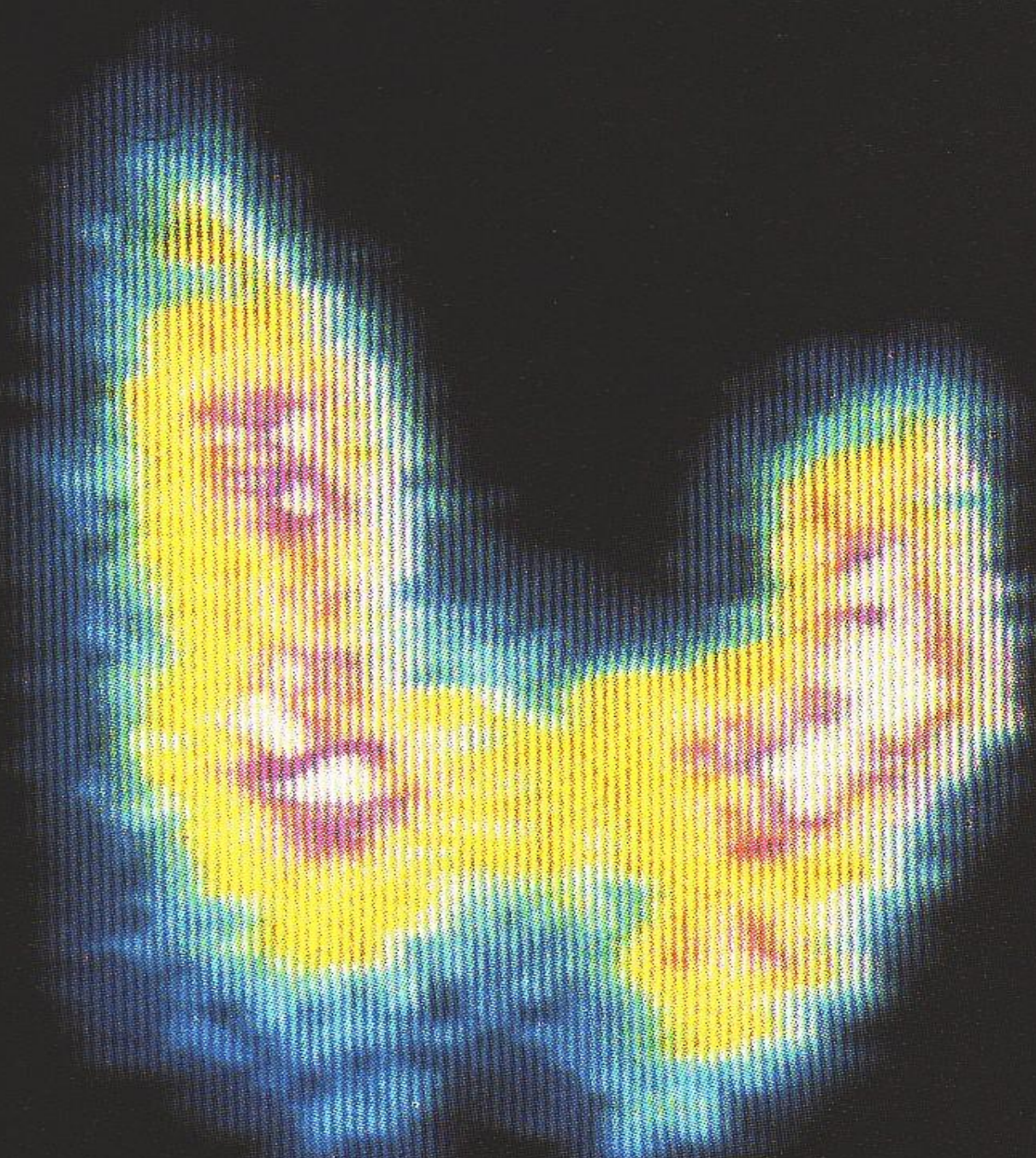
The glandular portions of the pancreas are grossly exaggerated.





(a)

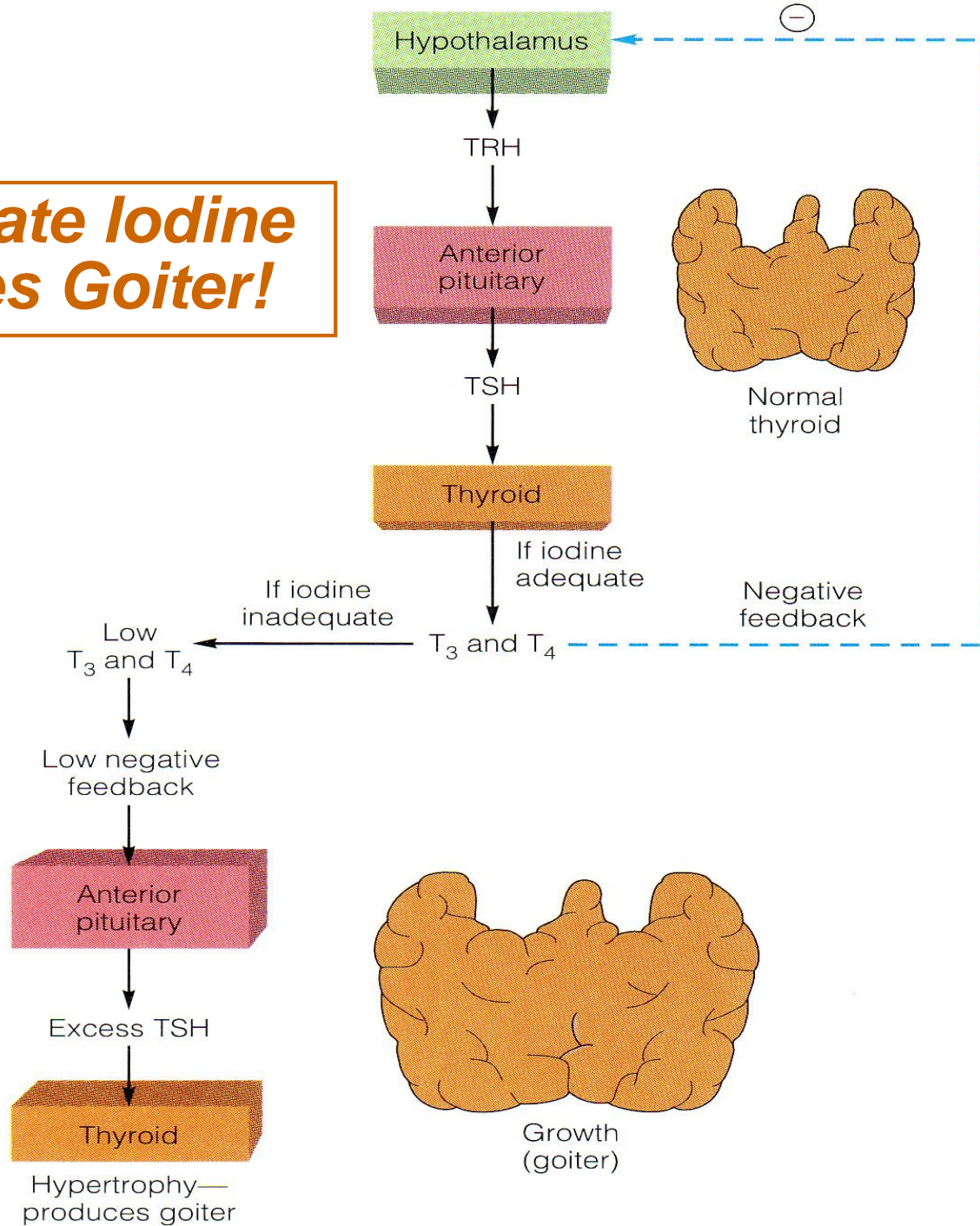
Gordon







***Inadequate Iodine Promotes Goiter!***





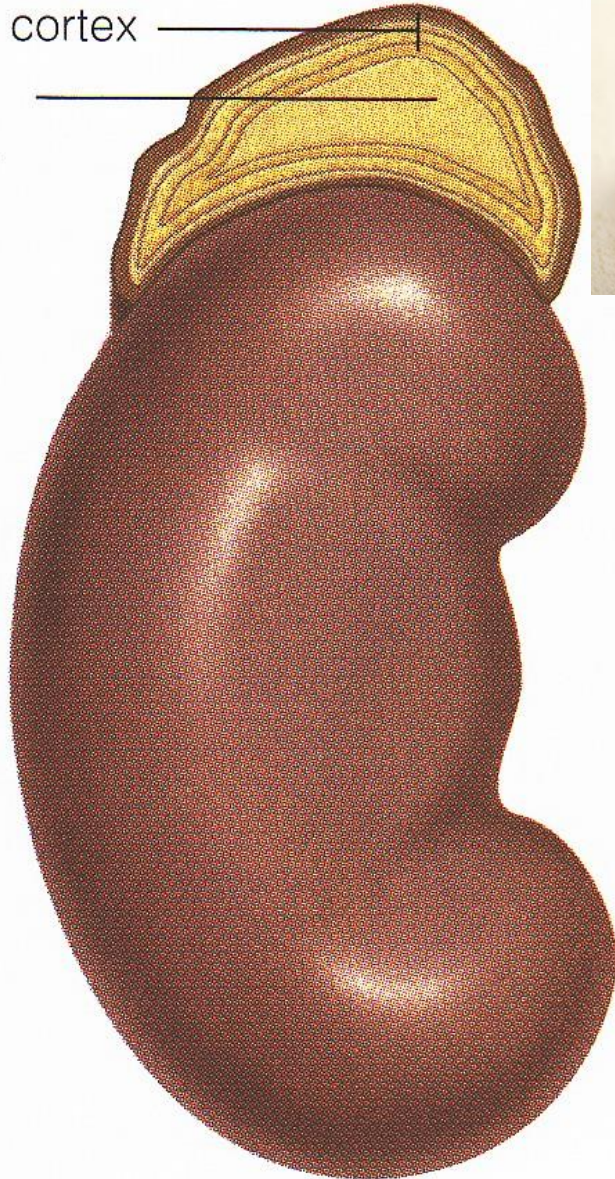


# Adrenal gland

Adrenal cortex

Adrenal medulla

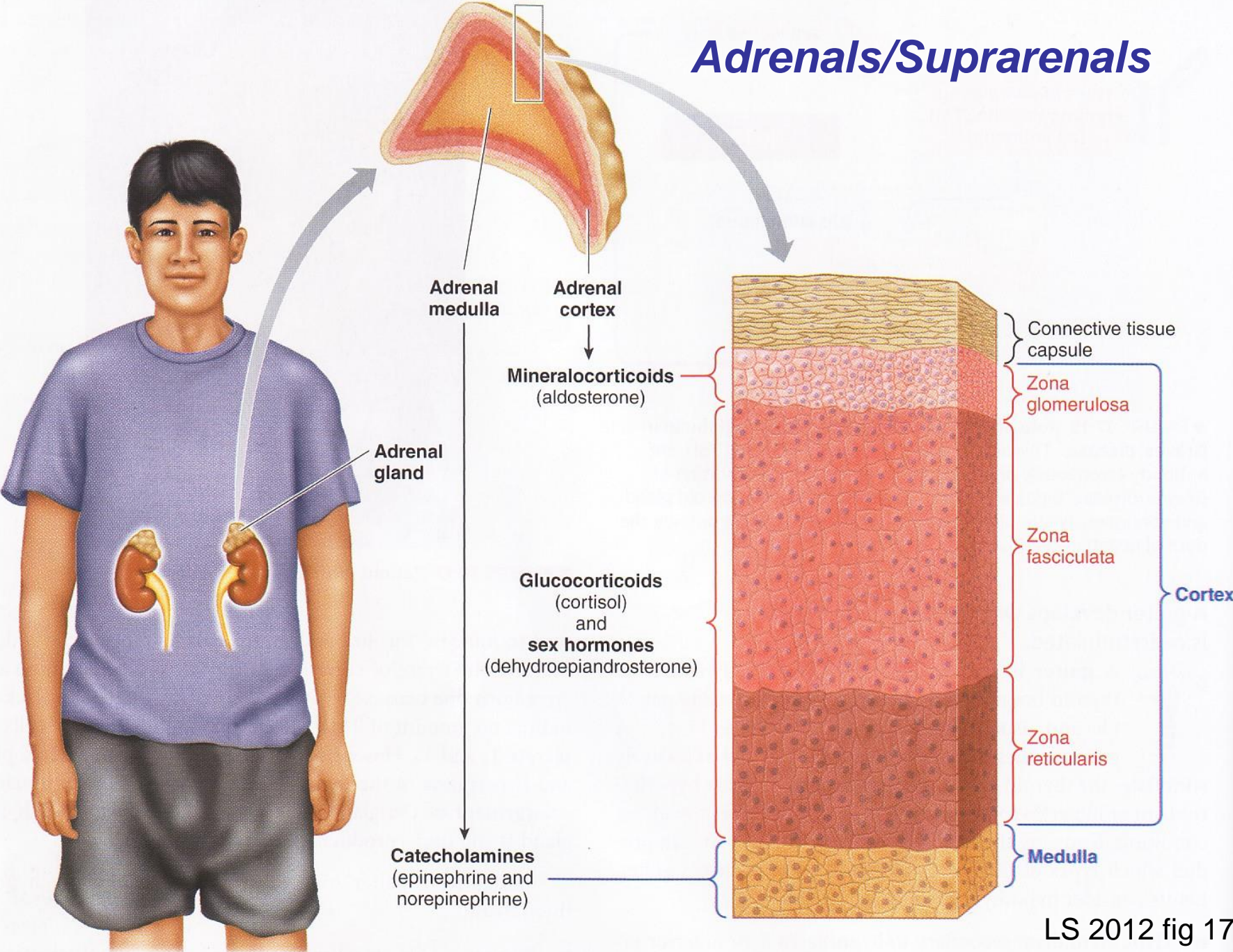
Kidney



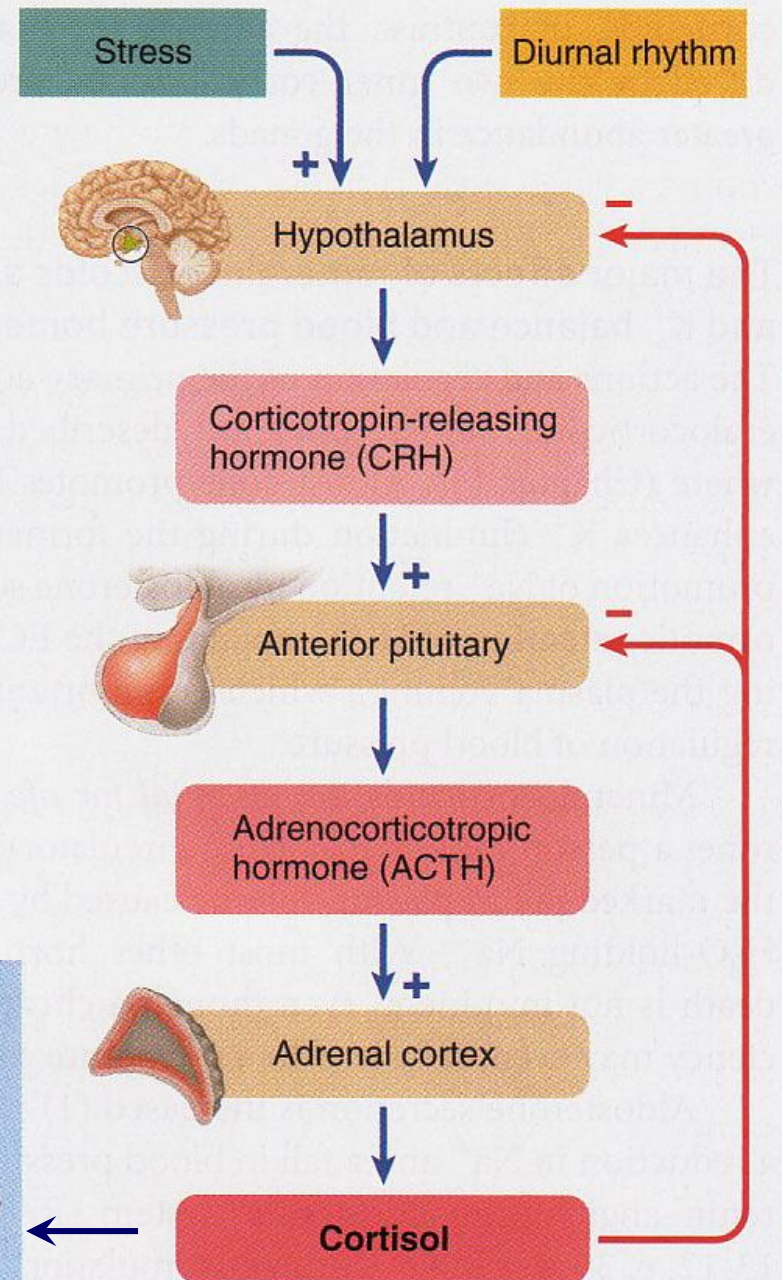
## FIGURE 13-12

**Adrenal Gland** The adrenal glands sit atop the kidney and consist of an outer zone of cells, the adrenal cortex, which produces a variety of steroid hormones, and an inner zone, the adrenal medulla. The adrenal medulla produces adrenalin and noradrenalin.

# Adrenals/Suprarenals



# Stress Promotes Cortisol Secretion



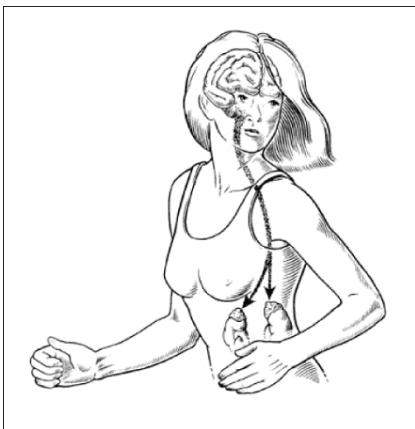
Metabolic fuels and building blocks available to help resist stress

- ↑ Blood glucose (by stimulating gluconeogenesis and inhibiting glucose uptake)
- ↑ Blood amino acids (by stimulating protein degradation)
- ↑ Blood fatty acids (by stimulating lipolysis)

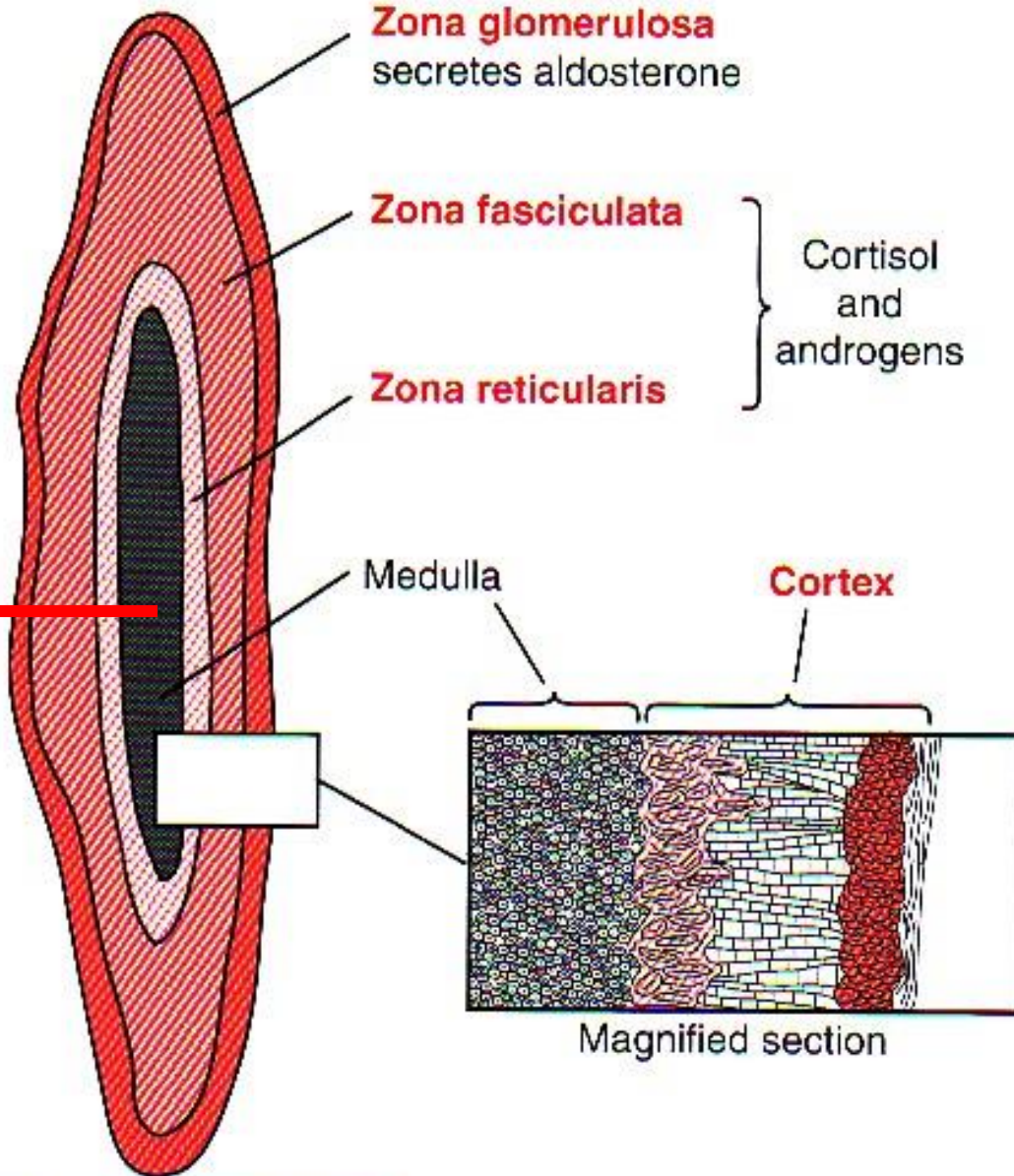
BI 121!!



**Epinephrine**  
**80%**  
**Norepinephrine**  
**20%**



Guyton & Hall 2000



**FIGURE 77 - 1**

Secretion of adrenocortical hormones by the different zones of the adrenal cortex.