BI 199 APWT Discussion 10

I. Announcements
Poster outlines? J-MAK kits next Tuesday!

II. Quiz Bowl Group Competition

III. Quiz Bowl Review & Scoring!

...Quiz Bowl Day is here! Next Tuesday, Olympic Lifting technique + J-MAK kits!!

Tiggr’s a lil’ nervous ‘bout da Quiz Bowl – rather be doing plyos?

Don’t worry Tiggr, we’re taking the Quiz in groups! We’ll be fine!